

Wellness meeting 5/11/2021

In attendance: Marci Faber, Shelby Weber and Veena Cole.

1. We are still waiting to hear about the tribal grant.
2. BHC grants for the 2021-2022 school year should open anytime.
3. We need to get with Jake to finalize the build of the farm stand and what he needs for supplies and a timeline.
4. We are going to send out the 3 summer outings that we have planned. Also, a google sheet for staff to sign up to attend so we know how many. We would like as many of the wellness team as possible to attend.
5. We need to help Veena decide on who our audience is for her cooking show and what she can cook.
6. Marci and Jordan Gohs will be working on a yearly calendar of events and flyers for the farm stand. We will share these with all of you to get feedback.
7. We talked about all elementary eating in the classroom once or twice a week and for all M-step/NWEA testing.
8. We hope in the future to grow our team with more staff, community members and students.
9. Veena mentioned maybe at a union meeting they can talk about the wellness team and try to draw more interest.
10. We did not set the next meeting with the end of the school year approaching but maybe we can meet at one of our summer outings or at the very least in Aug/Sept.

Events-

May event-Community outdoor yoga-All Tuesdays @ 6:30pm

May staff challenge-64oz water a day

June 15th-Wellness Bike the rail trail @ 6:30pm

July 13th-Wellness Hike @ Deerfield nature center 6:30pm

August 17th-Wellness Fun Walk @ 6:30pm Millpond park and end at Freddie's

September-PTA community color run

Future ideas:

Nutrition education in Elem classroom